



## President's Report

### WHAT A FANTASTIC RESULT FOR OUR CLUB

Competing with yachts from SASC, CYCA and RSYS Carinya won and TwoCan took the second place in division B, based on SASC handicap. EOS took a more conservative approach to the race and finished 8th. There were a total of 12 starters with four yachts retiring and 8 scoring a DNC in division B. In division A, where Pacific Breeze was placed, the situation was somewhat similar; 13 starters, 2 yachts retiring and 7 DNCs.

I am writing this report purely from the point of view of an observer; Morna did not make it to the starting line. The four brave yachts that did make it were: Pacific Breeze, EOS, CarinyaIV and TwoCan. The SASC race committee decided to run the race inside the harbour due to the rather wild weather conditions. Even though the first race of the Offshore Series took place inshore, the swell, rain, wind and low temperatures more than made up for the apparent comfort factor of sailing inside the Heads. Just before the start winds were gusting close to 30knots, the frequent squalls cut the visibility to less than 50m and the wind-chill made things very uncomfortable to a number of competitors.

The start was downwind at Watson's Bay and within 2min of crossing the line, most yachts popped their kites. The first leg to MW was furiously fast with just about everyone covering the distance in about 20min. Pacific Breeze had an awesome start and despite having some initial problems with their spinnaker managed to keep up with the leading yachts. Carinya and Two Can followed closely behind with EOS, even though not flying their spinnaker staying in close contact with the rest.

At least 3 competitors had quite a job crossing the sound for the first time, having chinese gybed in the middle of the sound and having to pull down the kites. The swell in that part of the race course was quite steep; Brian Wilson reported that when the Manly ferry went passed the fleet at one point, it was hard to see the top of it when it went into a trough of a wave.

*continued on page 3*

OS 1. Well the first Yacht race of the season was a real wet blast with Eos carving a deep groove near the rear of the fleet. It was a spinnaker start, but Eos had a poled out staysail, and we watched in awe as spinnakers flogged and yachts rounded up and lay down. The four Manly yachts covered the field coming first and last but I am sure there is a full report in this newsletter.

Work has started on the accessible toilet. Robert Steffens has had the pump out system delivered and dug a hole to put it in. This work has revealed some concrete cancer in an old concrete beam, which will need some remedial work before the job is completed. Andrew Robinson and Peter Mosely have bricked in the old doorway and will soon start completing the new doorway.

The rigging deck is still in the hands of NSW Maritime and after numerous phone calls I am still confident that the club will get construction approval soon.

The new door locks, which were necessary to comply with fire regulations, have been fitted to the top floor. The old locks have been removed but the holes need to be plugged with wooden inserts. One exit sign needs to be removed and another moved. Volunteers with wood working or electrical skills please report to Robert Steffens. New locks will be fitted to the down stairs areas when the toilet is complete.

Sailability is pushing hard to improve access between the top and bottom floors of the club. I have written a letter to Manly Council (inspired by Eli Demeny) urging council to revisit plans to extend the East Esplanade promenade along behind the club until it meets the existing ramp at the club forecourt. This would provide a step free route from the waterside promenade to the street suitable for pram pushing pedestrians and wheel chairs.

On 10 September 06 Middle Harbour Yacht Club held its start of season function which was intended to include a sail past featuring pirates. Alas the weather was too rough for the pirates so it turned into a lunch instead. Commodore Maz, Handicapper Graham and I attended as did Flag Officers from other clubs. It is a good way to stay in touch and at the same time make sure that MYC stays well and truly on the map.

I met Councillor Brad Petersen by chance recently and he commented that there had been no noise problems in the last few weeks. He is very happy for the Club to



remain in the old Baths Building provided it does not create a noise nuisance to the local residents. Well done Director, Sorrel Lambie and Forte for running a tight ship.

### JOURNAL OF MANLY YACHT CLUB

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Brian Wilson President 

## IMPORTANT DATE SAIL TRIMMING SEMINAR

■ **Tuesday, 19th September 2006 at 7pm sharp admission FREE**

The new sailing season is upon us and no matter how good you think you or your crew are at setting a good sail (and keeping it that way), there is always room for improvement. Brett Scott of Scott Sails in Manly Vale will be presenting some very valuable hints and ideas on how to trim your sails to suit our harbour's somewhat variable wind conditions.

Brett is an avid sailor who won his division at the 5.5 World Championships held on the Harbour last year. He will be answering questions as well as handing out pearls of wisdom to give you that edge you need this summer.

If you require further information, call  
**Peter McDonald at home on 9948-5612**

### RACE OFFICERS COURSE

I recently had the great pleasure of attending Peter Wilkins Race Officer's Course.

Now I here you say, 'oh no...not another course on how to start a yacht race... that's easy'. To the contrary; this was not just another course. All who attended found it to be extremely informative and interesting. There were also some good insights into what happens amongst the officials on the start boat during the big day.



I now understand just that little bit more about the start, finish and the in-between that might just give me that edge over you during the upcoming season. Also when it's my turn on the start boat, I hopefully won't look too much like an idiot attempting to start a multi- fleet race properly.

**So next year, you should get up off your duff and sign up for this great course! I highly recommend it.**

**Peter McDonald** 



*Peter caring a hoot or two about our safety on the start, finish and the in-between racing*

### Question 1

#### Starting - Q&A

You are beating up to the start line, clearly ahead of the other boats, cross the line just as the start gun goes, You beauty! But then you hear a second gun. What was that for? What do you do?

- A. Nothing. Just keep going, you've got a good lead and you are going to keep it.
- B. Glance at the start boat. It has some funny flag up, a blue cross on a white background. They must be seeking donations, nothing to do with me. Laugh, then as for A.
- C. Look at the start boat. It is flying an X flag. Think "Oh \*@!%\$! it has to be me". Swear profusely then go back to sail around the end of the start line and restart.
- D. Look at the start boat. It is flying an X flag. Look around. No other boat is close. You must have broken the start. Swear profusely then go back until your boat is fully behind the start line and restart.

### Answer 1

- A. Good, with that advantage, you were first home, but sadly no prizes and no points! You ignored an individual recall, Rule 29.1, failed to take the required penalty and ended up with a DSQ.
- B. Good sense of humour, but then as for A.
- C. Good, you recognised the individual recall flag, guessed it was you, took your penalty and restarted, but may have wasted some time - you didn't need to go around the end unless you had previously noticed an I flag flying as the preparatory signal instead of the P (Rule 30.1).
- D. Good, you recognised the individual recall flag, made sure it was for you, remembered that a P was used for the preparatory signal, and restarted in the quickest way possible. You didn't have to go around the end of the start line, you just had to get completely onto the off-course side before restarting.

Check the next issues for another important Q&A

**Peter Wilkins** 



continued from page 1

Choppy waves, strong gusts and intermittent squalls were mainly responsible for rather unpleasant conditions during the first half of the race. Those who made it passed noon, were rewarded by clearing skies and somewhat warmer temperatures; an opportunity to dry out the gear a little. The wind, however, after taking a short break, came back even stronger than before, with gusts up to 34 knots in the last parts of the race.

Pacific Breeze, unfortunately, had to retire half way through the race when they actually were in the 3rd position and being close to the leaders. TwoCan clocked 13.1 knots under spinnaker coming back from rounding Shark Island for the first time and they managed to pass a number of boats much larger than themselves. They looked like a mini AAPT! Carinya, with her seasoned crew, sailed a flawless race and finished about 25min after Two Can, winning division B on corrected time.

It was good to see that the handicappers at both clubs agree very well and as a result the corrected time differences between our yachts were almost the same under both scoring systems. Well done. On corrected times Carinya and Two Can ended up within 4min of one another, after close to a 4h race and EOS, who did not fly their spinnaker finished 8th, about 20min after Carinya. Congratulations to everyone taking part and to Carinya IV and Two Can for their excellent results of 1st and 2nd places, respectively.

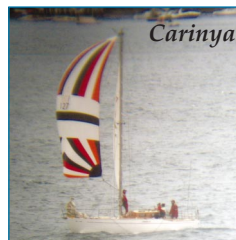
**Here is a first hand account from Brian Wilson:**

*"Eos with a reefed main and a staysail sailed a conservative race and as a result was last. However, we didn't break any gear and we had the opportunity of observing the wild round ups and out of control spinnakers especially at the start. We lost the spinnaker halyard early on in the race which made absolutely certain we did not even dream of flying a kite, much to the relief of the crew. Nevertheless it was an exciting ride with the lee rail well and truly under water to windward and the boom dipping into the water as we rolled downwind. Young Penny (in comparison to the old farts) maintained a cool head for a beginner and will be back. I had optimistically taken onboard tea and coffee with a view to serving afternoon tea on a downwind leg. Alas, I had two hands on the tiller most of the time. Eos did suffer damage after the race. Back at the Marina on the high tide with a strong wind one of the mooring lines succeeded in ripping off part of the bullwark near the bow. Mother Nature must have thought Eos got off too lightly".*

**Greg Zyner** ▶



The Start...just visible!



Carinya

### Saturday 30th of September.

All new Three Island Race which takes competitors around the Wedding Cake, Shark and Clarke Islands. For more information or crewing position contact: **Greg Zyner:**  
**gzyner@yahoo.com M: 0425322079**

## MYC trio selected for blue-water classic

Three MYC boats have made the exclusive starters list for the ocean race from Gosford to Lord Howe Island on October 28th, organised by the Gosford Sailing Club. As the island has only a limited number of shallow moorings, competition for a place is high, with many applicants being rejected, so to get three boats accepted is a reflection of MYC's growing offshore stature. Greg Zyner will skipper Morna in his first venture to the tiny sub-tropical island, which lies approximately 350 nautical miles due east of Port Macquarie, with Jim Nixon rounding up an assorted bunch of his mates to join the crew. Morna will have the Cat 1 experience of nearly 40 Sydney-Hobarts and 25 Gosford-Lord Howe races on board, so confidence is high. Peter Mosely and his bunch of skiffie pirates on Local Hero will make their third attempt on the event, which is on par with the Sydney to Hobart as a true blue-water classic. Peter had a great result last year - third place on IRC - but was plagued by rudder problems on the return trip. And Nigel Holman, who has a long association with the race, will skipper his latest Cuckoos Nest, a Sydney 39CR, to make up the trio.

**Jim Nixon** ▶

## WORKING BEE - just a few hours of your time

*As mentioned in the President's report, there are many maintenance jobs to be done, ready for our Sailabilty Sailors, Open Day and Try Sailing Day, when the Manly Yacht Club is open to the public and it's our responsibility to keep the MYC looking its best at all times.*



**Robert Stephens**  
**H: 9907 6189**  
**M: 0408492105**  
**Thank you for your support** ▶

*Judy Richardson cleaning up after storm water rubbish last month we thought our members may like to see what a fantastic MYC member we have.*

**Robyn Dennewald** ▶

## City2Surf 2006

Christabel and Margo along with a motley crew usually found propping up the MYC bar competed in this year's City2Surf to raise money for the children's hospital, in particular the Children's Hospital Institute of Sports Medicine. CHISM provides a public sports medicine service to talented young athletes who might otherwise struggle to afford it and works with the children who are patients of the hospital through disease or disability and who find it difficult to participate in sport and active recreation to try and support them to get fit and active safely. As this is not core business for the hospital we are funded through donations (which are tax deductible).

First across the line was Al who ran in his jeans after becoming enthused at the last minute followed closely by Dee, I managed to run the last 5k which is a personal best and Ian finished shortly after. Margo and Christabel had a great walk enjoying the festivities - the atmosphere is great and there are crowds and entertainment along the way.

We think there might have been quite a few yachties on the walk/run so for next year if you are interested in entering as a team we will try and organise some training sessions with Gabrielle in the lead up to the event (running is not obligatory). The hospital does a BBQ on Bondi beach afterwards and gives you a free T-Shirt if you raise \$100.

**Louise Northcott** ▶

*Christabel and Margo with the motley crew Ian, Louise, Al and Dee*



## Commodore's Report

Welcome to the new sailing season at Manly Yacht Club. Yes...it's that time of year again and it seems we've caught a few of you still hibernating!

The Sailing Committee and the Race Directors would love to see a few more entries for our Sunday races which start this week with the Club Championship/Flotta Laura series. You've attended Peter Wilkins excellent Race Management Course so you know what the flags mean. You've listened to Mark Pryke about the Racing Rules of Sailing and, you'll learn to trim those sails with Brett Scott next Tuesday - so there is no excuse not to come out and have fun with your fellow club members.

The race committee expends a lot of effort on the water and off so that we can have a great time, so please make it worth their while by participating in the racing.

To start the season off there will be a BBQ after the first race this Sunday to welcome new and potential members and to catch up with crew or skippers you've lost contact with over the winter.

By now you will have received your copy of the new MYC Handbook. What do you think? I think it looks fantastic, and as one member commented to me "Eat your heart out all other sailing clubs in Australia!7 What a wonderful production - well done to all concerned."

And those concerned were Deanna Smyth for reorganizing and improving the content; Ivana McAlpine for the cover; Robert Fagan for the technical production; Robert Steffens and his helpers for stepping in to get the handbook to you.

Finally...I'm not as witty as Brian when it comes to the Commodore's Picnic - dubbed by some as "Maz's Midday Madness" - so I'll be looking for any ideas from anyone on how I can improve on the Kommodore's Crazy Kapers.

I hope we have another successful season of fun while we race and I look forward to representing this club as your Commodore.

Regards Maz 

## "Twilight" 1st race 03.11.06



*Don't let the FUN pass you by  
get into Twilight Sailing  
more details in MYC Oct issue*

## The Big Blue Sailing School

Did you know there's a sailing school associated with your Yacht Club? We are downstairs from the club just as you go out onto the jetty. Due to increasing demand for our courses and social events the Big Blue Sailing School has expanded. We have taken on new instructors and office staff and everyone in the company fits well with our love of fun, sun and sailing.

We strongly support Manly Yacht Club and encourage our students to become members thereby providing the owners amongst you with lots of crew! And to support our club further, the Big Blue is entering the Twilight Series, The Cumberland Cup and the Whitworth's Trophy Series, we are hugely looking forward to contesting these challenges on the water!

You may have friends who envy your sailing prowess and want to learn how to sail - if so let them know that we have plenty of courses available from Introduction to Sailing right through to Inshore Skipper. Check our courses out at [www.thebigblue.com.au/course.htm](http://www.thebigblue.com.au/course.htm)

This season we are offering Spinnaker courses to fine tune those spinnaker handling skills, which may be useful if any crew wants to get the extra edge this summer series and we also offer Race Clinics. Give us a call on 0423 110000 to find out more!

Got something to celebrate? How about a party with a difference? Whatever it is; Birthday, Hen/Bucks, Office Party, why not take up our match racing challenge? We have two identical boats to match race against each other, with our professional race skippers on board, you and your friends are the crew. Race as hard or as easy as you like, you set the challenge!

That's all from us at the moment; hope to see you down on the water soon; after all:

**WE'D RATHER BE SAILING, WOULDN'T YOU?**

*The Big Blue Team*



## "FLOTTO LAURO CUP" starts September 17

There is no better way to spend a Sunday than to be sailing on Sydney Harbour. Add the challenge and excitement of an easy MYC race, and you'll be transported by euphoria to heaven. See the MYC Handbook, and [myc.org.au](http://myc.org.au) for dates, Entry Form, Notice of Race and Sailing Instructions. Contact:

Phil Vidler Race Director on 0418 435 450 

**Cumberland Charter Yachts**  
WHITSUNDAYS AUSTRALIA

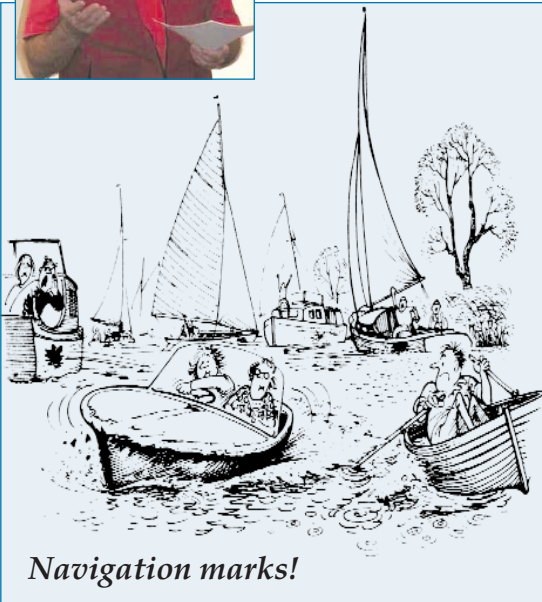
Worth \$2,000  
Worth \$2,000

## The Cumberland Cup

Series of 5 races starts 24 September and concludes 17 December  
The prize, donated by Cumberland Yacht Charters is worth \$2,000 towards a bare boat charter in the Whitsundays aboard one of their yachts, catamarans or power cruisers.  
All competitors (skippers and crew who are MYC members) are eligible, and the more you race the better your chances.

Details are provided in the new MYC Handbook **Howard Sullivan** 

Register:  
**Malcolm Murray**  
94519074



## IMPORTANT DATES

### RADIO OPERATORS COURSE

the radio operators course scheduled for Sat 16th Sept and Sat 23rd Sept

**have been rescheduled to**

- **November 11th and 25th.**
- **2 DAY RADIO OPERATORS COURSE**  
to be held at Royal Volunteer Coastal Patrol at the Spit, Middle Harbour 0900 to 1600 Saturday 11th November 2006 and 1330 to 1630 Saturday 25th November 2006. Cost \$150. This cost is inclusive of GST and all materials and exam fee.

### **FIRST AID COURSE**

- **Tuesday 3, 10, 17 & 24th Oct 2006**

**1830 MYC (\$160.00)**

**A special reminder that the First Aid Certificate is valid for up to (3) THREE YEARS and that means those members who attended the course in 2003 are now due for renewal.**



[www.sailability.org.au](http://www.sailability.org.au)

### **Master Builder's Charity Golf Day.**

The Master Builder's Association have very kindly offered to direct all funds from this year's Charity Golf Day to Sailability Manly. The funds raised will be used for the Accessible Toilet which is currently in progress. To take part in this fun day of golf, please be at Monash Golf Club, Powderworks Rd, Ingleside at 11.00 a.m. on Thursday, 14th September, or come in for the dinner at the Golf Club at 6.00 p.m. Ring Bob Ronai for more information... 99839057.

Sailability Manly was well represented at the Boat Show, taking two days of representing our group on the Sailability Stall. Thanks to all who dropped in to say hello.

Winter Sailing has been most successful this year. Apart from our two sailing days cancelled because of bad weather, we have sailed four times, each with an excellent turn up and incomparable sailing on the waters of Manly Cove.

Thanks very much to Bruce Hitchman for his excellent Power Boat Courses, which were continued by Malcolm Murray's practical sessions for the following 4 Saturdays. We now have several very well-trained people to run the Safety Boats for our Saturday Sailings.

**ELI DEMENY**

## DIARY DATES

The equipment audits held last Saturday went off fairly well. It was a beautiful day weather-wise and the auditors possibly didn't mind doing their jobs in such excellent conditions. Of course there was the usual number of people who hadn't quite got themselves together and so not ready on the day but obviously won't mind paying the \$20 to have an auditor attend to their cause some other time.

One or two members presented without the necessary requirements for whatever particular category certificate they were attending to have checked. It must be emphasised that the auditors cannot be expected to pass boats where the requirements are not completely fulfilled as laid out in the **YA Blue Book**. To do this contravenes the rules and eligibility for racing and also leaves the Club open to possible litigation.

We would hope the process will become more streamlined and improved upon each year with helpful and practical input and suggestions from members. On Saturday 2nd September there were 28 boats passed which is the best turn out of members boats ever. **Congratulations to those who's boats turned out and many thanks to all the auditors who gave their time and did an excellent job.**

**Bill Spence: Equipment Auditor** ▶

## WHO WANTS CREW?

## WHO'S LOOKING TO CREW?

Give the MYC office a call, 9977 4949 and someone there will try and arrange something for you.

*"If you don't stop slimming,  
I'll have to look for fresh crew"*



## BOATS ROSTERED FOR DUTY SEPTEMBER & OCTOBER

- ▶ Sunday 17th September - Manyana
- Sunday 24th September - Slangivar
- Sunday 8th October - Melody
- Sunday 22nd October - Lautrec

The system of two crew members from each yacht assisting the regular volunteers is again in force this year. On the assigned day the duty yacht is required to provide two crew to help permanent volunteers. Permanent volunteers hold the positions of Race Starter in Carlyle and Mark Layer and Assistant in Robbie R. Duty boat members are rostered to act as either an assistant to the starter or Duty Officer at the club.

In addition, the rostered yacht is responsible for running the bar after the race. Yachts who cannot race because they are on Race Officer duty will be awarded average points commensurate with the number of boats who start the race.

Crew members are requested to be at the club two hours before the start of each race. Instructions will be provided. Lunch is provided - sunscreen, a hat, extra drinks and warm clothes are also suggested.

If the nominated day is not suitable, please arrange to swap dates with another yacht and advise the

**Principal Race Officer, Ann Webber on 9948 6724** ▶

## DEADLINE FOR THE OCTOBER ISSUE

Tuesday 10th October. Please email all items of interest and photos to: margaretlucas@bigpond.com or H: 9977 1611 M: 0402 647 109

<b>Sun 17 Sept</b>	<b>New Members BBQ</b> all members welcome
<b>Sun 17 Sept</b>	Yachts - CC/FL-1
<b>Sun 17 Sept</b>	MJ's Fun Day
<b>Sun 17 Sept</b>	Centre Boards SPS -1/CC -1
<b>Tue 19 Sept</b>	<b>Sail Trimming Course</b>
<b>Sat 23 Sept</b>	Sailability - General
<b>Sun 24 Sept</b>	Yachts - CBL-1
<b>Sun 24 Sept</b>	MJ's Race Training
<b>Sun 24 Sept</b>	Centre Boards SPS -2
<b>Mon 25 Sept</b>	Sailing Committee Meeting
<b>Sat 30 Sept</b>	Yachts - OS -2
<b>Mon 2 Oct</b>	Labour Day
<b>Tues 3 Oct</b>	First Aid Course -1
<b>Sun 8 Oct</b>	Yachts - CC/FL-2 Centreboards - SPS-3/CC-2
<b>Mon 9 Oct</b>	Board Meeting
<b>Tues 10 Oct</b>	First Aid Course -2
<b>Wed 11 Oct</b>	Sailability - MAPS /Fisher Road
<b>Sat 14 Oct</b>	Sailability - General/B.I.R.D.S.
<b>Tues 17 Oct</b>	First Aid Course - 3
<b>Sat 21 Oct</b>	MJ's - ASC
<b>Sun 22 Oct</b>	Yachts - CBL - 2 Centreboards - SPS-4 MJ's - ASC
<b>Tues 24 Oct</b>	First Aid Course - 4
<b>Sat 28 Oct</b>	<b>Working Bee</b>
<b>Sat 28 Oct</b>	MJ's - SPS -1
<b>Sat 28 Oct</b>	Sailability General
<b>Sun 29 Oct</b>	Yachts - CBL - 3 Centreboards - SPS-5/CC-3
<b>Mon 30 Oct</b>	Sailing Committee Meeting
<b>Fri 3 Nov</b>	<b>TWILIGHT 1.</b>
<b>DUTY ROSTER CREW (see left):</b> Call Ann Webber on 9948 6724.	

# Raffertys

## "Heaven can Wait"

### 24-hour Yacht Race

Manning Park Yacht Club Inc. Lake Macquarie NSW Australia

## NOTICE OF RACE

October Long Weekend 30/9/06 & 1/10/06

Proudly Sponsored by

Raffertys SAILING ANARCHY

For more information on the race email: [theheavencanwait24hour@bigpond.com](mailto:theheavencanwait24hour@bigpond.com)