

MANLY YACHT CLUB HELLY HANSEN
WOMEN'S CHALLENGE 2026



SAILING INSTRUCTIONS
CENTREBOARD CLASSES - SATURDAY 21 MARCH 2026



Organizing Authority



between Wood St and Stuart St, East Esplanade, Manly,
PO Box 22, Manly, NSW 1655
P: 02 9977 4949 E: womenschallenge@myc.org.au W: www.myc.org.au

GENERAL SAILING INSTRUCTIONS

1 RULES

- 1.1 The Organising Authority for the event is the Manly Yacht Club (MYC).
- 1.2 The Race will be governed by;
 - a) the Racing Rules of Sailing (RRS),
 - b) the Special Regulations of Australian Sailing (AS),
 - c) for Hansa dinghies, the prescriptions of the Australian Hansa Class Association, except as altered by the Sailing Instructions which are also considered part of the rules.
- 1.3 An off the beach boat shall comply with the Special Regulations Part 2.
- 1.4 The Sailing Office of MYC shall be the Race Committee ("RC") for the purposes of, and with, the powers and discretions contained in RRS 90.1.

2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors for Saturday's Centreboard racing will be posted on the Official Notice Board located at <https://www.myc.org.au/notice-board/>

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 0830hrs on the day it will take effect except that any change to the schedule of races will be posted prior to 1800hrs on the day before it will take effect.
- 3.2 Any change to the Sailing Instructions made 'afloat' will be indicated by the display of Code Flag L and accompanied by two sound signals.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Signal Mast on the end of the MYC wharf.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 RACING AREA

- 5.1 Racing will be conducted on the waters of Manly Cove and Sydney Harbour.

6 MARKS

- 6.1 Boats shall pass on the safe water side of the following Cardinal Marks:
 - a) Gowland Bombora (Dobroyd) – All Marks
- 6.2 Boats shall not sail in the following prohibited areas:
 - a) The area bounded by imaginary lines projected from the shore joining the West, South and East Cardinal Marks surrounding Gowland Bombora.
- 6.3 For the purpose of RRS 19 and 20, all Cardinal Marks surrounding the Gowland Bombora and all imaginary straight lines projected between such marks, shall be deemed obstructions.
- 6.5 Competitors must keep clear of ferries displaying orange diamonds and vessels engaged in towing.
- 6.6 An active exclusion zone exists around ships and ferries that extends 30m either side; 30m from the stern; 200m ahead of a ferry and 500m ahead of any ship. Competitors must not pass between a ship and an escort vessel.

7 ALTERNATIVE PENALTIES

- 7.1 Your attention is turned to RRS 44.1 and 44.2.
- 7.2 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.

8 ABANDONED RACES

- 8.1 Abandoned races will not be re-sailed. Race fees are non-refundable for abandoned races.

9 PROTESTS

- 9.1 Protest forms are available at the MYC Sailing Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 9.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 9.3 Notices will inform competitors of hearings in which they are parties or named as witnesses.
- 9.4 Notices of protests will be posted on the MYC Noticeboard at the club for Saturday races.

10 RESPONSIBILITY

- 10.1 Competitors participate in the MYC Women's Challenge at their own risk. Special attention is drawn to RRS Fundamental Rule 3, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 10.2 The Organising Authority, Event Sponsors, and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MYC Women's Challenge and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 10.3 Neither MYC, nor the event sponsors, are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

SATURDAY, 21 MARCH 2026

HANSA 303 DINGHIES, O'PEN SKIFFS, ILCA

1. Schedule of Races

- 1.1 Racing is scheduled for **Saturday, 21st March 2026**.
- 1.2 There will be a pre-race briefing for the Hansa 303 Dinghy Class on the MYC rigging deck at 0900 hours.
- 1.3 There will be a pre-race briefing for the O'pen Skiffs and ILCA at 1230 hours on the MYC rigging deck.
- 1.4 There are up to three races scheduled for all classes/divisions.
- 1.5 A division must be constituted by a minimum of three boats.
- 1.6 The scheduled time of the warning signal of the first race for each class or division is shown below. Races will be started no earlier than times shown. Times shall be taken from visual signals; the failure of a sound signal shall be disregarded.
- 1.7 When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable after the finish of the previous race.

WARNING	CLASS	FLAG
0950 hours	Hansa 303 Dinghy – All Female	Numeral Pennant 1
1325 hours	O'pen Skiff – Female Helm	O'pen Skiff class flag
1330 hours	ILCA – Female Helm	ILCA Class flag

2. Class Flags

- 2.1 The class flags will be as follows:

CLASS	FLAG
Hansa 303 Dinghy – All Female	Numeral Pennant 1
O'pen Skiff – Female Helm	O'pen Skiff Class Flag
ILCA – Female Helm	ILCA Class Flag (white background)

3. The Courses

- 3.1 Courses for Hansa 303 Dinghy are show in **Appendix A1**.
- 3.2 Courses for ILCA and O'pen Skiff classes are shown in **Appendix A2**.

4. The Start

- 4.1 All races will be scratch starts from the Committee Boat. The starting line will be between the flagstaff on the Committee Boat at the starboard end and an orange spherical buoy at the port end. The Committee Boat will fly the MYC Burgee and an Orange Flag when it is on station.

5. The Finish

- 5.1 The finish line will be between the flagstaff displaying a blue flag on the Committee vessel and a buoy which may be at either end of the line.

6. Time Limits

- 6.1 The time limit for each race shall be 60 minutes or shorter at the discretion of the Race Committee.

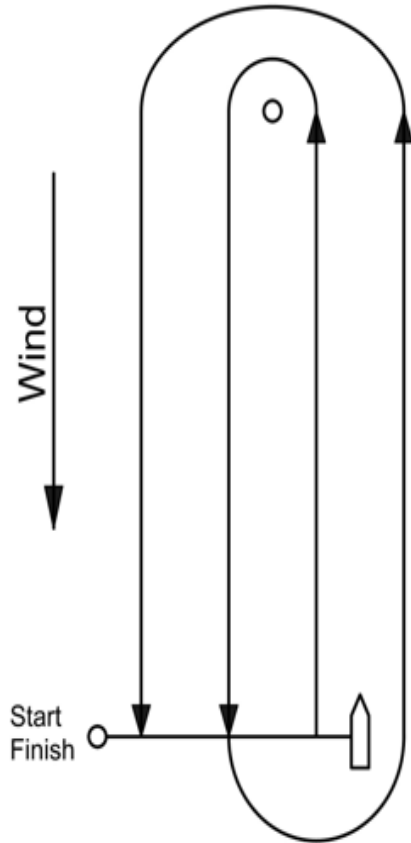
7. Further Information

- 7.1 A presentation will take place back at the club after racing.

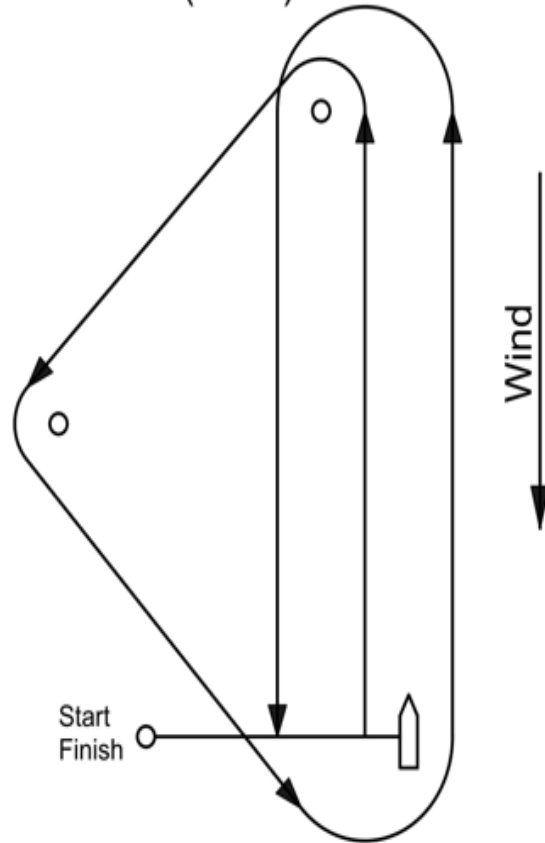
APPENDIX A1 – HANSA 303 COURSES

Courses are shown as follows. For all courses, the leg length from start line to top mark should be around 0.4NM.)

Course 1 (1 NM)



Course 2 (1 NM)



APPENDIX A2 – O’PEN SKIFF and ILCA Courses

The Course described below shall be displayed on a board on the roof of the start boat, before or with the Warning Signal.

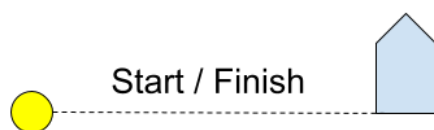
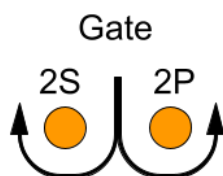
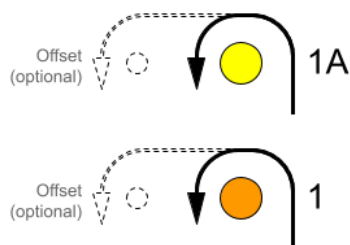
Marks 1 and 1A shall be rounded to port. If the optional offset mark is laid it is to be rounded to Port.

Marks 2S/2P may be rounded to either Port or Starboard.

O’pen Skiff Course	Course Descriptions
1	Start – 1A – 2S/2P – Finish
2	Start – 1A – 2S/2P – 1A – 2S/2P – Finish
3	Start – 1A – 2S/2P – 1A – 2S/2P – 1A – 2S/2P – 1A – Finish

ILCA Course	Course Descriptions
1	Start – 1 – 2S/2P – Finish
2	Start – 1 – 2S/2P – 1A – 2S/2P – Finish
3	Start – 1 – 2S/2P – 1A – 2S/2P – 1A – 2S/2P – 1A – Finish

The indicative course layout is shown below.



Courses 1, 2 & 3