

**Manly Yacht Club (MYC)**  
**Safety Briefing Declaration 2025-2026**

- The competitor **must** :
  - know and understand the following sections of the MYC Handbook:
    - Risk Warning and Risk Assessment
    - Safety Plan for Competitors
    - Emergency Communications
    - Incident Reporting
    - General Conditions of Racing
  - know and understand the current Racing Rules of Sailing of the International Sailing Federation and the Australian Sailing Special Regulations ("The Blue Book")
  - know and understand the Regulations for the Prevention of Collision at Sea ("Colregs")
  - keep clear of commercial shipping and ferries. An active exclusion zone exists around ships and ferries that extends **30m to either side; 30m from the stern; 200m ahead of a ferry and 500m ahead of any ship. Do not pass between a ship and an escort vessel.**
  - comply with all [NSW Maritime safety equipment](#) requirements, including:
    - carry an efficient sound signal device
    - carry a waterproof torch: floating and working
    - carry flares (if open waters 2 red and 2 orange)
    - display their [Maritime Registration Number](#) on the transom in letters at minimum 100mm
  - carry an AS-compliant lifebuoy with drogue and/or throw line ready for immediate use
  - carry a safety / space blanket for warmth
  - carry 2 substantial fenders
  - carry a VHF radio and a mobile phone whose number is known to the Race Committee
- MYC **advises** that:
  - it is a condition of entry for MYC Twilight races that boats comply with the Transport for NSW and "Colregs" requirement to display navigation lights from official sunset time to official sunrise time when a vessel is underway or at anchor
  - boat should have a copy of the MYC handbook
  - boats should fly the MYC burgee from a backstay or port side
  - boats must hold an Equipment Audit Form of the category specified in the NOR and must be kept in compliance throughout the season
  - MYC does not certify the seaworthiness or suitability to race of any boat
  - competitors have a duty of care to their crew, who should receive regular safety briefings and practice safety drills eg MOB
  - all crew must either be members of Australian Sailing, an equivalent international organisation or have a SailPass for every race. The first 3 SailPasses are free, thereafter the cost is \$20 per race, with the sum deductible from a subsequent membership.
  - MYC can only provide limited support or assistance to boats and crew during the course of a race

By signing this document, the owner / representative declares that:

[ ] this MYC Safety Declaration has been read, understood and will be complied with.

Furthermore, the owner / representative declares that (select applicable):

[ ] they attended the 2025-2026 MYC safety briefing or viewed the presentation available via <http://myc.org.au/documentation-yacht-racing/>

[ ] they attended the 2025-2026 safety briefing of \_\_\_\_\_ (name of club)

**Boat:**

**Sail Number:**

**Owner/Representative:**

**Signature:**

**Date:**