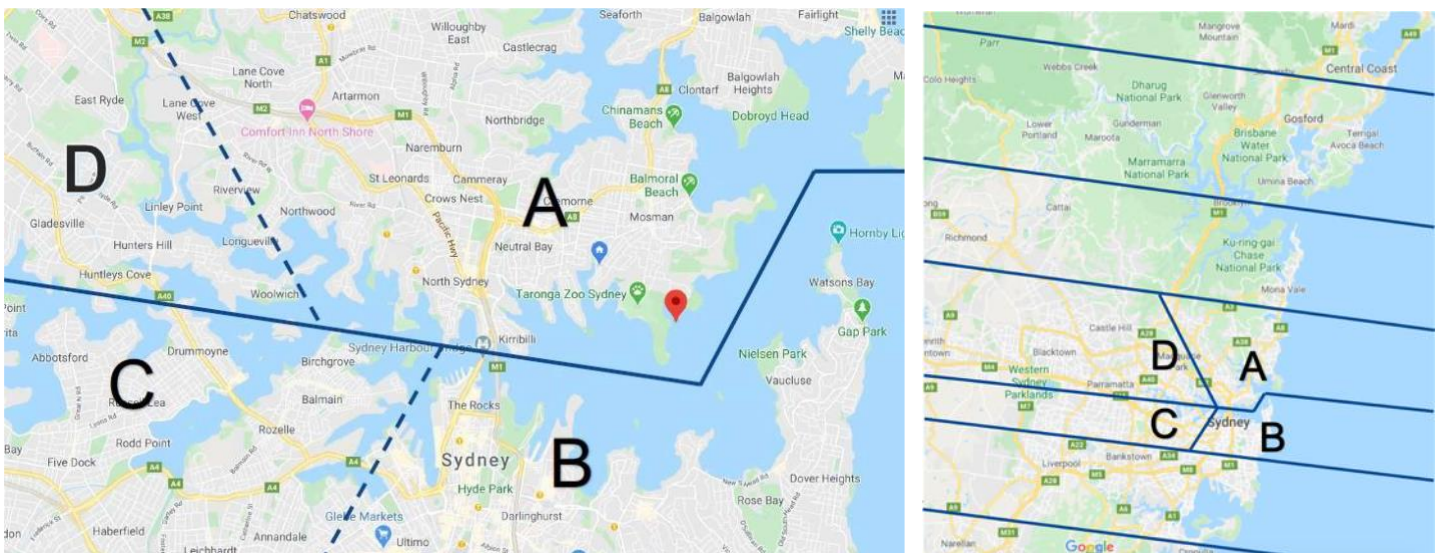


NOTICE TO COMPETITORS
#20-21 (1)
AT MANLY YACHT CLUB
COVIDSafe Sailing, Non Pointscore Racing

As a result of the recent COVID-19 recommendations from NSW Health and Australian Sailing, all MYC racing will be non pointscore until at least the end of September 2020.

MYC COVIDSafe Regulations are attached in Appendix A.

NSW Health and Australian Sailing have recommended that all crew on boats sailing from MYC should be residents of Region A as defined below (larger format in Appendix B):



During September, if you have entered into either the Club Championship or the Summer Series then you will receive free casual entry into the other series, e.g. if you are entered into the Club Championship series then you can receive free casual entry into the Summer Series.

A reminder that the validity of Audit Certificates which have expired on 30 June 2020 will be accepted until 30th September 2020. However, MYC will require a current SPECIAL MYC REQUIREMENTS Audit Form be submitted.

To race, you are reminded that you and your crew **MUST** have current membership of MYC or another AS affiliated club.

This Notice to Competitors is issued **Tuesday, 1st September 2020** on behalf of the Sailing Committee.

Jason Bond – MYC Commodore 

APPENDIX A – COVIDSafe Regulations

Regulations:

- Get in, Sail and get out;
- Club activities including racing can resume as long as the Public Health Order is complied with.
- Outdoor activities only;
- Limit activities to small individual groups with a maximum of 10 participants (inclusive of coaches and support staff);
- Practice good hand hygiene before and after sailing;
- Avoid physical contact;
- Changerooms, canteens and kitchens should remain closed – arrive dressed and ready to sail;
- Stay home if you are unwell
- Don't share drinks or towels;
- Sharing of equipment should be avoided and if necessary, should be kept to a minimum;
- Keep a distance of 1.5 metres where reasonably practicable; and
- Follow the one person per 4 square metres rule ashore to ensure sufficient physical distancing between people
- Crew should not travel long distances or between communities.

Contact Tracing:

RECORDS MUST BE KEPT

- Encourage the use of COVIDSafe App whilst at your club.
- Skippers shall submit, via Sailsys, crew names by 10am on the morning of each race in line with the Contact Tracing requirements, with updates (last minute crew changes) no later than 2 hours after the last boat finishes.
- Skippers will be responsible to keep personal contact details of crew for 21 days in line with AS requirements.
- Skippers to follow AS rules or DSQ penalty
 - lack of Crew List
 - greater than 10 per boat

Health Considerations:

Do not race:

- feeling unwell
- have been tested for COVID-19 and are awaiting results
- have been diagnosed with COVID-19
- have been in contact with anyone who has tested positive in the last 14 days
- have been in contact with anyone who is still awaiting test results
- have been in Victoria within the past 14 days
- have returned from overseas travel and are exempt from hotel quarantine

NSW Health and Australian Sailing have recommended that all crew on boats sailing from MYC should be residents of Region A.

More info can be found here:

<https://www.sailing.org.au/news/nsw-may-update-relaxation-of-restrictions/>

REGIONS DEFINED BY NSW HEALTH AND AUSTRALIAN SAILING

