

COVID SAFE PLAN - ON WATER RACING AND TRAINING - EFFECTIVE 1 NOV 2020

Introduction:

Manly Yacht Club would like to thank Australian Sailing for their fabulous and continued efforts on the NSW response to the COVID 2020 for the sailing community.

Full contact allowed during training and competition with no limits on crew numbers.

What does this now mean for our sailing club?

- Stay home if you are unwell;
- Club activities including racing can continue as long as the current Public Health Orders are complied with;
- Limit activities to small individual groups where possible;
- Practice good hand hygiene before, during and after sailing;
- Avoid physical contact where possible;
- Do not share drinks, towels, clothing etc;
- Encourage sailors to arrive dressed, ready to go.
- Contact tracing records must be kept
- Encourage the use of the [COVIDSafe](#) app for everyone whilst at your club.
- Follow the one person per 4 square metres rule and maintain 1.5m + distance ashore to ensure sufficient social distancing between people.

On-water activities

- Skippers will be responsible to maintain a COVID safe environment for their crew while on water.
- Skippers shall submit crew names by 10am on the morning of each race in line with the **Contact Tracing** requirements, with updates (last minute crew changes) no later than 2 hours after the last boat finishes.
 - This data will ONLY be collected for the purpose of Contact Tracing
 - This data will be DELETED after 28 days.
- Skippers will be responsible for maintaining a record of crew participation for any on-water activity for no less than 28 days. Skippers should retain crew contact details for those participants for this period.
- Skippers to follow AS rules or risk a DSQ penalty
- No unnecessary body contact (e.g. hand shaking, high fives).
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – bring your own lifejacket, gloves etc.

Off-water activities

- Condition of entry will be for all participants and visitors to sign in using the QR code provided at every entry point.
- At all access points to the Club shall be hand sanitiser stands which anyone accessing the Club will use as a condition of entry. Additional Sanitiser will be located in the office and kitchen. These bottles will be refilled by the club manager.
- All equipment is to be cleaned and sanitised before and after use.
- MYC Showers will remain closed
- MYC Toilets will remain open, with regular cleaning. MYC shall ensure bathrooms are well stocked with hand soap and paper towels or hand dryers.
- Race Committee shall maintain the required Social Distancing and carry out hygiene in line with best practise.
- Post race presentation including prize giving will be held at the Club with the following conditions
 - a limit of 60 people including competitors and officials but excluding staff in line with the four square metre rule indoors and two square metre rule outdoors
 - a maximum of 10 per double table or 5 per single table
 - when eating and drinking attendees are to remain seated at their table with appropriate physical distancing;
 - food preparation and service to be carried out by assigned volunteers and staff limited to 4 people in the kitchen and in line with best hygiene practices (assigned volunteers are encouraged to complete the course 'COVID-19 awareness for food service' www.foodauthority.nsw.gov.au/covid-training) - Where possible, assigned volunteers to maintain 1.5 metres physical distancing. If volunteers are not able to physically distance, or work in a role with significant public interaction, it is strongly recommend they wear a face mask if practical.)
 - Move or remove tables and seating to support 1.5 metres of physical distance;
 - Use paper plates to avoid mingling around the kitchen
 - No self serve or buffet or communal bar snacks, or communal condiments,
 - Service of meals for Twilights to be moved to the kitchen window
 - Attendees required to social distance at least 1.5m when queuing for drink and meal purchases
 - Bookings are essential for Twilights post-race presentation;
 - Tables, chairs and any table settings to be cleaned before the presentation and (where applicable between each customer). Assigned volunteers are to wear gloves when cleaning and wash hands thoroughly before and after with soap and water.
 - Club to assign one staff member as a COVID-19 Safe Hygiene Marshal who will be in distinctive clothing (such as a shirt or badge) and responsible for

ensuring all aspects of the COVID-19 Safety Plan are being adhered to including overseeing physical distancing, cleaning and ensuring the accuracy of record keeping.

- Contactless payment options to be encouraged

Member's Responsibilities

1. Do not attend club or Sail if you are not well
2. Do not attend club or Sail if you have been to Victoria in the last 14 days
3. Do not attend club or Sail if they have attended any of the reported case locations listed on the NSW Health website (nsw.gov.au/covid-19/latestnews-and-updates).

Individuals returning to community and individual sailing

Community sport members and individuals should not return to sailing if in the last 14 days they have been unwell or had close contact with a known or suspected case of COVID-19.

In an environment of community transmission of COVID-19, any individual with respiratory symptoms (cough, sore throat, fever or shortness of breath), even if mild, should be considered a possible case of COVID-19.

All community sailing members must be made aware not to attend club environments if they are unwell and should use a cautious approach. Anyone who is unwell should be referred to a doctor in accordance with local Public Health Authority guidelines.

A sailor with a possible case of COVID-19 should refrain from training/sailing (even at home) until they have been cleared to do so by a doctor, given the potential for worsening illness.

Report any positive Covid-19 tests to the Club